

# Group X Fitness 31 Day Challenge Starts in July!

## **THE 31 DAY CHALLENGE:**

*Take as many  
classes as you can  
during the month  
of JULY!!*

It's **FREE** to  
participate and it's  
going to be **FUN!!!**

Prizes will be  
awarded in  
3 Different Age  
Groups.

See the front desk to  
sign up by June  
30th. You must have  
an official "class  
pass" to participate .

**LET'S GET  
MOVING!**



**PREMIERELADY**  
fitness and spa